



A SIMPLE PACKING GUIDE TO HELP YOU PREPARE FOR YOUR UPCOMING TRIP

Packing for NINON is all about effortless coastal luxury—pieces that feel beautiful, comfortable, and at home along the Adriatic. Think relaxed resort wear, natural fabrics, easy layers, and a few elevated pieces for long dinners and evenings together. September along the Dalmatian Coast is typically warm and beautiful during the day, with cooler mornings and evenings, so bring pieces you can layer and wear in different ways throughout the retreat. There’s no need to overthink it. Pack what makes you feel most like yourself, leave a little room in your suitcase for something you may discover along the way, and remember that life at NINON is intentionally relaxed. After all, the philosophy here is “No Shoes, No News.”

THE DRESS CODE

There is no formal dress code for our time together, but the setting lends itself beautifully to relaxed, refined resort wear. During the day, think linen, cotton, breezy dresses and skirts, tailored or relaxed shorts, lightweight trousers, polos, button-downs, tanks, tees, and swimwear. For evenings, you may want to elevate things slightly with a beautiful dress, linen set, trousers and a button-down, or whatever makes you feel comfortable and put together.

For our time in Dubrovnik, comfortable shoes are essential. The Old Town's beautiful stone streets and stairways are best explored in shoes you can comfortably walk in. Sneakers, supportive sandals, or loafers are all great options. And don't forget layers. Even after a warm day in the Croatian sun, evenings overlooking the Adriatic—and especially time out on the water—can feel cool.

IDEAS FOR WHAT TO BRING

Resort + Everyday Wear

- Linen or lightweight trousers
- Tailored or casual shorts
- Lightweight skirts
- Midi/Maxi dresses or sundresses
- Linen or cotton button-down shirts
- Polos, tees and tanks
- Linen sets or matching separates
- A light sweater or jacket
- A few elevated pieces for dinners
- Your favorite PJs
- Undergarments + socks
- Continued below:

Pool + Adriatic Days

- 2–3 swimsuits or swim trunks
- Cover-up, sarong or lightweight linen shirt
- Sandals or slides
- Sun hat or baseball cap & Sunglasses
- A lightweight layer for the boat

Exploring

- Comfortable sneakers or walking shoes
- Supportive sandals
- Lightweight day bag
- Breathable clothing for Dubrovnik and excursions



Pilates + Restorative Yoga

Leggings, Pilates shorts or athletic shorts

Sports bras, tanks and fitted tees

Lightweight athletic tops

A sweatshirt, sweater or light layer for cooler mornings

Warm socks for cooler mornings

Other basic things:

A hat

Sunscreen

Sunglasses

Reusable water bottle

Small day bag for excursions

European plug adapter

Personal toiletries/skincare

Any medications you need

A book for slow afternoons by the pool

Comfortable walking shoes

Tip:

You don't need a completely different outfit for every part of the day. A linen button-down can go from breakfast to the boat to dinner; a sundress can work for exploring and evenings; and a beautiful pair of trousers or shorts can be worn several ways. Think versatile, comfortable and effortlessly put together.

If you are bringing a hair dryer, straightener, curling iron, electric shaver or other personal appliance, check that it is dual voltage and compatible with European voltage before packing.

Do I take out cash before I go?

Croatia uses the Euro (€). Credit cards are widely accepted, but it's helpful to have some euros on hand for smaller shops, cafés, markets, or anything we stumble upon while exploring.

Tips included as part of the retreat are taken care of, but you are always welcome to tip additionally at your own discretion.

Water

Tap water in Croatia is safe to drink, so bring your favorite reusable water bottle. You'll want to have it with you for exploring Dubrovnik, our time on the water, and any hikes or excursions.

Shopping

We'll have time to wander through Dubrovnik and discover some of the beautiful boutiques and shops tucked throughout its historic streets. You'll find locally made jewelry and ceramics, olive oils and wines, lavender products, textiles, artwork, and Croatian specialties to bring home. You'll receive a Daybreak tote during the retreat, so there's no need to pack an extra one.

Laundry Service

Laundry service is available throughout your stay for €15 per large bag, making it easy to refresh clothing as needed during the retreat.

A Day On The Adriatic

For our private day on the water, pack a swimsuit or swim trunks, a cover-up or linen shirt, sunscreen, sunglasses, a hat, and sandals or shoes that are easy to slip on and off. Bring a light layer as well—even on a warm September day, the breeze can feel cooler once we're out on the Adriatic.

Our Final Evening

On our final night, I invite you to wear something that makes you feel truly wonderful for our closing dinner and final evening together.

There is no required color palette or dress code—just something you feel good in. If it feels right, you can always choose a “Daybreak” color inspired by the sky along the Adriatic: soft whites, warm neutrals, blues, yellows, pinks, oranges, or whatever makes you feel most like yourself. Pack beautifully, pack comfortably, and leave a little room for the unexpected.

